PTA Meeting April 11th

6:30 General meeting then at 7:00 Kathy Flaminio presents on Moving and Learning

Mark your calendar there are no newsletters before this date.

We are excited to tell you about a six-week residency program that happened this winter at Kenny. **Moving and Learning** (which many of you might know as **Yoga Calm**) is being offered to students throughout the school day as a way to learn skills to develop self-regulation, manage strong emotions and build physical and emotional strength. It is used by thousands of educators, parents and therapists nation-wide. Supported by the latest research in neuroscience and social/emotional learning, the curriculum assists us in strengthening our educational environment to improve children’s focus, behavioral skills, physical health and emotional stability.

Residents came into each of our classrooms for 30 minutes to teach breathing techniques, mindfulness activities, social/emotional skills and yoga-based movements. The residents have been trained and are supervised by Kathy Flaminio who is the founder of 1000 Petals, LLC and the National Director of Training Development for Yoga Calm. More information is available on the 1000 Petals website: [http://www.1000-petals.com/](http://www.1000-petals.com/)

During the residency, Kenny students and staff learned simple relaxation techniques to help us calm our bodies and manage strong emotions. We are practiced positive thinking – “I am strong, I am responsible, I can focus, and I can do it” – to help us gain confidence in our abilities. We did specific physical exercises to increase concentration and self-regulation. We learned new techniques each week so be sure to ask your child to show you what they have learned.

We have scheduled a one-hour training for parents and children on Tuesday, April 11th from 7-8 pm. We encourage you to attend with your child to experience firsthand what we are learning.

Last, but not least, we want to express our deep gratitude to each of you for making this residency program possible through the Kenny Foundation. We are all very thankful for your support and for this incredible opportunity.

If you should have questions, please feel free to contact me. Thank you and we look forward to seeing you on April 11th at 7:00 p.m.!

Karen Shannon
Kenny Community School Social Worker
612-668-3345  Kshannon@mpls.k12.mn.us

Spring Break Reminder: No School This Friday,
March 31 through Friday, April 7

Contact Kenny School:
5720 Emerson Avenue S, Minneapolis, MN 55419
Bill Gibbs, Principal  William.Gibbs@mpls.k12.mn.us
Main Office: 612-668-3340  Fax: 612-668-3350
Attendance: 612-668-3346  Minneapolis Kids: 612-668-3344
Link to Kenny School Website: [http://kenny.mpls.k12.mn.us](http://kenny.mpls.k12.mn.us)
Calling all Kenny Gardeners!

The first day of spring is right around the corner, so watch your child's backpack and the Kenny newsletter for information on our annual Bachman's Gift Card Fundraiser, starting soon! Your gift card purchases are good for all the plants, tools, and supplies you’ll need this season and they support our Kenny School PTA. They also make a great Mother’s Day gift! Stay tuned for more details here soon and order forms in backpacks.

Speaking of gardening - remember that we are also partnering with Tangletown Gardens & Wise Acre Eatery this spring to offer a Kenny PTA fundraiser featuring seasonal farm shares of delicious foods, hanging baskets for your home or gift certificates. Order online at https://www.tangletowngardens.com/online-shoppe/ and enter the promo code WeSupportKCS to direct a percentage of your total purchase to Kenny School PTA.

Finally, please mark your calendar for Kenny PTA's annual Garden Day on Saturday, May 6 from 8:30 - 11:30am We invite you to join us - children welcome! - for a morning of light raking, weeding, planting and mulching in our beautiful rain gardens. More details will be published here as the ground warms and flowers start blooming...we look forward to seeing you!

Kenny Garden Day Committee - Lynn Meyer, Jess Wood, Chris Breva
Fitness/Health Game Contest

Do you have a creative game related to health or fitness? Turn it in to the physical education office by Friday, April 21st for your chance to ride in a limousine! 10 winners will be announced the following week.

Rules/Directions:

* Your game must relate to fitness, exercise or health.
* Your game could be: a board game, card game, dice game, ball game, running/tag game or any action or movement activity. You could use extra cardboard from home or grab paper from the gym office if you choose to make a board game. Maybe make your own moving pieces! Think of equipment we could use from PE if you make your game action packed!
* Be creative and include rules, directions or instructions to your game.
* Give your game a name.
* Include your name and room #.
* Turn your project in to the physical education office on or before Friday, April 21st.

Good luck and have fun creating a healthier you!

Jennifer Johnson
Mandy Littlefield
Physical Education Specialists

FITNESS/HEALTH GAME CONTEST
(Use this form as a key if you choose)

Name: ____________________________________________ Room #: _______________

Name of game: ________________________________

How is your game related to health and fitness?

Rules/Directions:

Add more to the back if necessary.
Submit this form with your game to the PE office.
Kenny PTA

Our Next PTA Meeting
Tuesday, April 11 at 6:30pm in the Media Center

Please join us as we continue to focus on building our Kenny School Community and topics that work towards this goal. Child care will be provided.

Also mark off your calendars for our Speaker Events:
Kathy Flaminio, Moving and Learning Parent Instruction. April 11 @7pm in the Media Center.

"How do I speak to my kids about disabilities?" May 2 @ 7pm in the Media Center.
An evening of discussion with our guest panel of moms as they discuss the things Special Needs & Autism Parents Wish you Knew.

Please reach out to either Viv: vwhitfield@outlook.com or Lisa: lisakguyott@gmail.com for more information.

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MUSIC ROOM UPDATES

Spring Music Sharing Concerts
Mark Your Calendar!

3rd/4th Grade- Thursday, April 27th, 8:15 in the gym

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Registration for the 2017 Youth Soccer Camp at Washburn High School is open!

What:
Soccer camp for kids in grades K-5: Skills and fun

When:
June 19 - 22, 9:00 - 11:00 am

Where:
Washburn High School, run by Washburn Varsity Soccer Coaches and Players, girls and boys

Cost: $80 per player (includes t-shirt and ball)

Here’s the link to register: https://washburnsoccer.com/camp
MPS/COWLES FIRST MOVES RESIDENCY AT KENNY

Greetings Parents, Family, and Friends,

The Cowles Center for Dance and the Performing Arts is excited to be partnering with Kenny Elementary for a unique dance residency during all 1st grade PE classes this Spring!

An expansion of MPS Arts’ Cultural Experiences Partnerships program, these residencies will tie into two key Minnesota Physical Education standards—demonstrating competency in motor skills and movement patterns, and understanding movement concepts, principles, strategies and tactics.

Funded by a grant from AROHA Philanthropies, these residencies will offer exposure to quality arts education, enhance current Minnesota Physical Education standards, and empower PE teachers to incorporate dance vocabulary and concepts into classroom curriculum.

We want to thank you and your student for helping make this experience special!

For more information contact:
Elyse Chambers, Education Manager
echambers@thecowlescenter.org

The goals of The Cowles Center’s ‘Arts in Education’ programs are to spark curiosity about dance and the performing arts, engage new ways of thinking and learning, empower creativity, increase body and spatial awareness, make connections between dance and the world around it, create a meaningful impact on teacher practices and increase access to quality dance experiences for learners of all ages, abilities and backgrounds.
Be sure to sign-up for the Kenny Electronic Newsletter!

*Printed newsletters are only sent home to families who specifically request a paper version.*

Bookmark the Kenny Website

for quick access to the Staff Directory, the school schedule, meeting times, and new information.

If you have information you would like to submit to the newsletter please send email to: Allison Thiesing at kennynewsletter@hotmail.com by 5pm on Fridays.

Email the Kenny School PTA and we will add you to our school's electronic communications:

kennyPTA33721@gmail.com

Join us on Facebook & keep up with all the latest Kenny news

http://www.facebook.com/kennypta
STUDENT DROP OFF:
The staff is respectfully requesting students be dropped off at the front door in the morning.

- Teachers need to be able to greet and assist children.
- Students become more responsible and gain independence when allowed to walk to the classroom on their own.
- Children have morning work assignments that need to be completed before the morning meeting that starts at 8:10.

Thank you for your help with this as it allows us to give your children our undivided attention for greetings and assistance with morning work and routines.

Children will be admitted to the building at 7:50am.

*All adults entering the building must sign in at the office.*

TRANSPORTATION:

*Send Information to School when:*

1. You have an address or daycare change.
2. If you are picking up your child and they usually ride a bus, they must be signed out in the office even with advanced notice.
3. Your student is using a different bus stop.
4. Your student is going home with another student. (Note: we need notification from BOTH families).

*Information will be sent home when:*

1. Your student has been added to a bus route.
2. The bus stop for your student has had a change in location.
3. The IN bus stop for your student has had a cumulative time change of five minutes or more.

Changes can become effective any day of the week so watch for the effective dates on the notices sent home with your student.

ATTENDANCE:

*Call the Attendance line (612-668-3346) when your student will be absent.*

Doctors or dentists notes should be brought into school when the student returns to the building. Your help with this is appreciated.