PTA Family Fun Night

Thursday, February 9th
6:30–8:00

Burn off some energy, or chill with a board game in the cafeteria - fun for everyone in the family! Bring a game to share. Popcorn and drinks provided.

March Magic

Join us for a great evening supporting Kenny

There is a March Magic collection box in the school office for tickets or register online by visiting the Kenny website and clicking on the March Magic butterfly on the main page.

Don’t Forget to Register for the Science Expo!
Registration Forms due Wednesday, Feb. 15th
See page 3 for more information

Order your Variety Show DVD today!
See the order form on page 4 of this newsletter
PALA Started This Week!

Help your kids earn their PALA, plus you can work toward your PALA, too! To earn a Presidential Active Lifestyle Award, kids need to be active for 60 minutes, adults for 30 minutes, 5 days a week for 6 weeks. Ms. Johnson will not have the official tracking sheets for PALA until Friday, February 10th so be sure to keep track of your minutes at home!

What can I do to get - and keep - my child active?

As a parent, you can help shape your child's attitudes and behaviors toward physical activity, and knowing these guidelines is a great place to start. Throughout their lives, encourage young people to be physically active for one hour or more each day, with activities ranging from informal, active play to organized sports. Here are some ways you can do this:

- Set a positive example by leading an active lifestyle yourself.
- Make physical activity part of your family's daily routine by taking family walks or playing active games together.
- Give your children equipment that encourages physical activity.
- Take young people to places where they can be active, such as public parks, community baseball fields or basketball courts.
- Be positive about the physical activities in which your child participates and encourage them to be interested in new activities.
- Make physical activity fun. Fun activities can be anything your child enjoys, either structured or non-structured. Activities can range from team sports or individual sports to recreational activities such as walking, running, skating, bicycling, swimming, playground activities or free-time play.
- Instead of watching television after dinner, encourage your child to find fun activities to do on their own or with friends and family, such as walking, playing chase or riding bikes.
- Be safe! Always provide protective equipment such as helmets, wrist pads or knee pads and ensure that activity is age-appropriate.

What if my child has a disability?

Physical activity is important for all children. It's best to talk with a health care provider before your child begins a physical activity routine. Try to get advice from a professional with experience in physical activity and disability. They can tell you more about the amounts and types of physical activity that are appropriate for your child's abilities.

http://www.cdc.gov/physicalactivity/everyone/getactive/children.html

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MAKING KENNY GREAT: Volunteers

Why would you want to volunteer at Kenny? How about because it’s fun? Here’s what one of our favorite parent volunteers says.

“I’ve been a volunteer since my two girls have been in kindergarten. This is my sixth year helping out and it’s a great way to get involved with the children, teachers and to meet new families! If you have any time to help out in any way...it’s fun and greatly appreciated.”

Linda Sapecky

Yearbook Team Needs Your Photos!

There are 2 ways to contribute your school activity photos for yearbook consideration:

1. Email photo@hajiani.com

2. Upload directly to our online yearbook program:
   Community Upload Site: https://community.lifetouch.com/
   Access Code for Kenny: YSASLT
MAKING KENNY GREAT:
Volunteer Bulletin Board

We have the following volunteer opportunities available:

- FEELING LIKE A CLOWN? We need leaders for the Carnival. You’ll be mentored by the past chair and the time spent will be more fun than a night at the big top. Step right up by contacting lynn@grasslake.net

- Volunteers to help at the Science Fair, Tuesday, March 13.

- Do you like mixing business and pleasure? We need fun volunteers to work at the year’s most fun event: Volunteers to help at March Magic, Friday, March 9. Work a table selling raffle tickets, work the backroom handling sales and receipts and more.

To volunteer, contact Lynn Barnhart at lynn@grasslake.net or Laura Ronay at laura.ronay@gmail.com.

Safe Routes—Walking School Bus

Kenny Safe Routes would like to kick off a walking school bus in conjunction with the first week of PALA.

Please join other Kenny families in walking to school Fridays and earn minutes towards your PALA. We will start at 57th & Oliver at 7:35AM and plan to arrive at 57th & Emerson at 7:50AM.

If you are interested in hopping on our “bus”, please email Deb Schiltz at debnjay@usfamily.net. I will provide you with the times for various check points along 57th Street and notify participants if the Kenny Walking Bus will not be running.

Please note: parents remain responsible for getting their children to and from school safely; Kenny Walking Bus cannot guarantee the safety or security of these routes and is not taking responsibility for those travels by Kenny Walking Bus.

Million Minute Reading Challenge!

We kicked off the first week of our Million Minute Reading Challenge by having D.E.A.R. (Drop Everything And Read) time on Friday, February 3rd. Everyone at Kenny School read for thirty minutes, getting us on our way to meeting our goal of 1,000,000 minutes by the end of March! We will continue to have D.E.A.R time for thirty minutes every Friday, but students (and STAFF) should be reading every night and on the weekends, too! I know we all want to see Mr. Gibbs in his gorilla suit, working at his desk on the roof of the school when we get back from Spring Break. Get reading, Kenny kids! We know you can do this!

Also, please return the first week tracking form by Friday of this week (it was attached to last week’s newsletter) and look for another tracking sheet for the second week of our challenge, with this week’s newsletter. Please email Mrs. Kersteter if you have any questions: dianne.kersteter@mpls.k12.mn.us

SCIENCE EXPO 2012

Tuesday, March 13, 6:00-7:00
Dinner 5:30-6:30

Science Expo Entry Forms due next Wednesday, Feb. 15

Join the fun and sign up for the Science Expo!

Kick-off assembly Minnesota Zoo
Friday February 10, 9:00 - 10:00 a.m.
in Kenny’s gym

Kenny scientists, team up with another student to create a science project. There is one week left for you to fill out the entry form and hand it in to your teacher or the school office. The bright orange entry forms went home in last week’s Wednesday folders and can be found in the school office. The website also has great photos of projects and participants from past Expos.
Give Your Child a Boost!

Many parents may not be aware that a vehicle is the most dangerous place for your child to be. In fact, traffic crashes are the leading cause of death for Minnesota children.

That’s why it is critical children use booster seats, which are required by law in Minnesota.

Boosters are for children who have outgrown a forward-facing seat, usually starting around 40 pounds and age 4. Children must ride a booster until they are age 8 or 4 feet 9 inches tall — whichever comes first. It is recommended, however, to keep a child in a booster based on their height, rather than their age.

Boosters are seat lifts that raise a child up so a seat belt fits properly. Belts should cross over shoulder and the chest — never across the neck. Belts should never be tucked behind back or under arm (unsafe and illegal).

For more information, see the Kenny website at http://kenny.mpls.k12.mn.us.

Box Tops—Keep Clipping!

Be sure to turn in your Box Tops (with your name and room number) for your chance to win the February prize: a Built Neoprene Lunch Tote (approx. $20 value) from Yoplait!

VARIETY SHOW DVDs!

For $15 you can have the Kenny School Variety Show for years to come. Thanks to the talents of Paul Johnson, we will have another great show for you this year. Included will be some never before seen bloopers from the 112 movie. You won’t want to miss out on this one!

Questions – Laurie Hanzal 612-668-3340

_Last day to order will be February 17th._

Child’s Name __________________ Room #_______

Quantity __________ x $15 = $ __________